

Communication Strategies

Price
\$395.00

Duration
1 Day

Delivery Methods
VILT, Private Group

For the better part of every day, we are communicating to and with others. Whether it's the speech you deliver in the boardroom, the level of attention you give your spouse when they are talking to you, or the look you give the cat, it all means something. This workshop will help participants understand the different methods of communication and how to make the most of each of them.

Agenda

1 - GETTING STARTED

- Icebreaker
- Housekeeping Items
- The Parking Lot
- Workshop Objectives

2 - THE BIG PICTURE

- What is Communication?
- How Do We Communicate?
- Other Factors in Communication

3 - UNDERSTANDING COMMUNICATION BARRIERS

- An Overview of Common Barriers
- Language Barriers
- Cultural Barriers
- Differences in Time and Place

4 - PARAVERBAL COMMUNICATION SKILLS

- The Power of Pitch
- The Truth about Tone
- The Strength of Speed



Upcoming Class Dates and Times

[Click Here to View Course Online and Enroll](#)

Apr 12 **\$395.00**

8:00 AM - 4:00 PM

Guaranteed to Run

Virtual: Online - CST

May 1 **\$395.00**

8:00 AM - 4:00 PM

Guaranteed to Run

Virtual: Online - CST

May 21 **\$395.00**

8:00 AM - 4:00 PM

Guaranteed to Run

Virtual: Online - CST

Jun 5 **\$395.00**

8:00 AM - 4:00 PM

5 - NON-VERBAL COMMUNICATION

- Understanding the Mehrabian Study
- All About Body Language
- Interpreting Gestures

6 - SPEAKING LIKE A STAR

- S = Situation
- T = Task
- A = Action
- R = Result
- Summary

7 - LISTENING SKILLS

- Seven Ways to Listen Better Today
- Understanding Active Listening
- Sending Good Signals to Others

8 - ASKING GOOD QUESTIONS

- Open Questions
- Closed Questions
- Probing Questions

9 - APPRECIATIVE INQUIRY

- The Purpose of AI
- The Four Stages
- Examples and Case Studies

10 - MASTERING THE ART OF CONVERSATION

- Level One: Discussing General Topics
- Level Two: Sharing Ideas and Perspectives
- Level Three: Sharing Personal Experiences
- Our Top Networking Tips

11 - ADVANCED COMMUNICATION SKILLS

- Understanding Precipitating Factors
- Establishing Common Ground
- Using "I" Messages

12 - WRAPPING UP

- Words from the Wise
- Review of Parking Lot

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Jun 24

\$395.00

8:00 AM - 4:00 PM

Guaranteed to Run

Virtual: Online - CST

- Lessons Learned
- Completion of Action Plans and Evaluations